

Discussion Questions

I Am the Bread of Life

My Story

A lot of people have opinions about Jesus, but we can listen to Jesus tell us who He is in His own words. What opinions have you heard about Jesus? What have you learned about Jesus from His own words in the Bible? Which do you trust more?

2. Understanding who Jesus was — and is — determines how we see ourselves and how we live. What is one way your perspective has changed because of Jesus?

3. When you know who Jesus is, you see who He's calling you to be. Who is one person you heard about before you met in person? Did you get to know that person better by someone else's description or by talking directly to that person?

Diving Deeper

- When Jesus said, “I Am,” He was claiming to be God (Exodus 3:11-15). What is your first reaction to Jesus’ claim to be God? Is that different than how you thought about Jesus one year ago? Five years ago? Ten years ago?
- Don’t base your success on your identity and what you can do; base it on who God is and what He can do. What is one thing you know you can’t do, but believe God can?
- Like God sent manna from heaven to feed Israelites, God sent Jesus to fill and satisfy the needs of people (John 6:30-35). What is one need in the world that Jesus can fill?
- Jesus used the analogy of bread — a common, daily necessity in that time and culture — to explain how He sustains and satisfies people (John 6:25-35). What analogy would you use to communicate that message in today’s culture?
- Jesus saves, sustains, satisfies, and secures us (John 6:41-51). Which one of those four things speaks to you the most at this point in your life. Why?

- God wants to reveal Himself to you. What is one change you can make to your daily or weekly routine to be more open and attentive to what God might show you?
- Jesus called himself the Bread of life. You become what you consume. What are some ways you can improve your spiritual diet? What are some things you should remove from your spiritual diet?
- What can your Life group do to support the Weekly I Am Challenge?
- Close in Prayer.